



ತನು ತನ್ನದಾದಡೆ, ದಾಸೋ ಹಕ್ಕೆ ಕೊರತೆಯಿಲ್ಲ,
ದಾಸೋ ಹ ಸಂಪೂರ್ಣ, ದಾಸೋ ಹವೇ ಮುಕ್ತಿ.
ಮನ ತನ್ನದಾದಡೆ, ಜ್ಞಾನಕ್ಕೆ ಕೊರತೆಯಿಲ್ಲ
ಜ್ಞಾನ ಸಂಪೂರ್ಣ, ಆ ಜ್ಞಾನವೇ ಮುಕ್ತಿ.
ಧನ ತನ್ನದಾದಡೆ, ಭಕ್ತಿಗೆ ಕೊರತೆಯಿಲ್ಲ.
ಭಕ್ತಿಸಂಪೂರ್ಣ, ಭಕ್ತಿಯಲ್ಲಿಮುಕ್ತಿ.
ತನುಮನಧನವೊಂದಾಗಿ ತನ್ನದಾದಡೆ
ಗುರುಲಿಂಗಜಂಗಮವೊಂದೆಯಾಗಿ ತಾನಿಷ್ಟನು
ಬೇರೆ ಮುಕ್ತಿಎಂತಪ್ಪದಯ್ಯಾ?
ಉರಿಲಿಂಗಪೆದ್ದಿಪ್ರಿಯ ವಿಶ್ವೇಶ್ವರ.

Shararu, VSNA NCAL Family members,

Thank you to the Munavalli and Desai families for participating in November's Anna Dasoha. Their menu consisted of burgers with patties, lettuce, mayonnaise and cheese, tomatoes and cucumber, corn, a fruit bar, and water. They packed and prepared 25 meals. On behalf of the VSNA 2022 Youth Committee, we are incredibly thankful to these two families.

Sharnarthigalu from Aarna Burji,
VSNA NCAL 2022 Youth Committee

Report from participating VSNA NCAL Youths:

Purpose:

“Consume according to your requirements and contribute the rest to the society through Dasoha.” – Basavanna

Ashna Munavalli

As a student and a human, it was my extreme pleasure to help the hunger of others. I felt fulfilled and a happy emotion blooming inside. The sensation made me realize that helping someone in need made a change for them as well as for myself. When giving the food out to the people, I was happy to see a smile on their face and it's contagious which made me smile in turn :). The volunteers got together in one place to pack the food on the day of Dasoha. All the necessary items for the menu were procured a couple of days back and kept ready. Volunteers started preparing meals with gloves on their hands. Each volunteer was given some task so the food packing could be finished in time and could be delivered at the proposed place no later than 11:30 am. Preparing, packing, and delivering was everything completed as per the time.

The whole process was very satisfying and I enjoyed every bit of it. All the way from buying ingredients to giving the food out. Every piece of lettuce, cucumber, or tomato was used to create such a simple and delicious meal for all. We were so happy we got this opportunity. We would love to continue this and pay it forward to help the others in need.

I sincerely thank VSNA Dasoha team, Anu Burji and Aarna Burji for giving us this opportunity to serve the people.

Munavalli Family

Diya Desai

Hello everyone,

This Saturday I had the wonderful opportunity to serve my community. To just be able to create a few dozen meals and to know the impact that I have is so incredibly rewarding and I'm grateful I had the opportunity to be a part of it. Thanks to Aarna for organizing this event.

You can sign-up for VSNA NCAL Anna Dasoha Program by clicking here:

<https://forms.gle/P5grzvH6EMckWARv>



