



ತನು ತನ್ನದಾದಡೆ, ದಾಸೋ ಹಕ್ಕೆ ಕೊರತೆಯಿಲ್ಲ,  
ದಾಸೋ ಹ ಸಂಪೂರ್ಣ, ದಾಸೋ ಹವೇ ಮುಕ್ತಿ.  
ಮನ ತನ್ನದಾದಡೆ, ಜ್ಞಾನಕ್ಕೆ ಕೊರತೆಯಿಲ್ಲ  
ಜ್ಞಾನ ಸಂಪೂರ್ಣ, ಆ ಜ್ಞಾನವೇ ಮುಕ್ತಿ.  
ಧನ ತನ್ನದಾದಡೆ, ಭಕ್ತಿಗೆ ಕೊರತೆಯಿಲ್ಲ.  
ಭಕ್ತಿಸಂಪೂರ್ಣ, ಭಕ್ತಿಯಲ್ಲಿಮುಕ್ತಿ.  
ತನುಮನಧನವೊಂದಾಗಿ ತನ್ನದಾದಡೆ  
ಗುರುಲಿಂಗಜಂಗಮವೊಂದೆಯಾಗಿ ತಾನಿಷ್ಟನು  
ಬೇರೆ ಮುಕ್ತಿಎಂತಪ್ಪದಯ್ಯಾ?  
ಉರಿಲಿಂಗಪೆದ್ದಿಪ್ರಿಯ ವಿಶ್ವೇಶ್ವರ.

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Sharanu, VSNA NCAL Family members,

Thank you to the Mahadev family for participating in December's Anna Dasoha. Their menu consisted of a buffet styled burrito bowl including beans, vegetables, rice, and guacamole. Additionally they added a cookie and a banana. On behalf of the VSNA 2022 Youth Committee, we are incredibly thankful to these two families.

Sharnarthigalu from Aarna Burji,  
VSNA NCAL 2022 Youth Committee

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**Report from participating VSNA NCAL Youths:**

## Arnav and Saagar Mahadev

Our family had the opportunity to participate in Anna Dasoha in December 2022. We're glad that we could help cook, package, and deliver the food to charity through VSNA. It was a fulfilling experience as we were able to give back to the community. Through their guidance, the youth committee made the entire process simple.

Thanks to VSNA for the opportunity and we look forward to volunteering in future events to help those in need.

Regards,

Arnav and Saagar Mahadev

**You can sign-up for VSNA NCAL Anna Dasoha Program by clicking here:**

<https://forms.gle/P5grzvH6EMckWARv>



