



ತನು ತನ್ನದಾದಡೆ, ದಾಸೋ ಹಕ್ಕೆ ಕೊರತೆಯಿಲ್ಲ,
ದಾಸೋ ಹ ಸಂಪೂರ್ಣ, ದಾಸೋ ಹವೇ ಮುಕ್ತಿ.
ಮನ ತನ್ನದಾದಡೆ, ಜ್ಞಾನಕ್ಕೆ ಕೊರತೆಯಿಲ್ಲ
ಜ್ಞಾನ ಸಂಪೂರ್ಣ, ಆ ಜ್ಞಾನವೇ ಮುಕ್ತಿ.
ಧನ ತನ್ನದಾದಡೆ, ಭಕ್ತಿಗೆ ಕೊರತೆಯಿಲ್ಲ.
ಭಕ್ತಿಸಂಪೂರ್ಣ, ಭಕ್ತಿಯಲ್ಲಿಮುಕ್ತಿ.
ತನುಮನಧನವೊಂದಾಗಿ ತನ್ನದಾದಡೆ
ಗುರುಲಿಂಗಜಂಗಮವೊಂದೆಯಾಗಿ ತಾನಿಪ್ಪನು
ಬೇರೆ ಮುಕ್ತಿಎಂತಪ್ಪದಯ್ಯಾ?
ಉರಿಲಿಂಗಪೆದ್ದಿಪ್ರಿಯ ವಿಶ್ವೇಶ್ವರ.

Sharanu, VSNA NCAL Family members,

This month families Bilodi and Kudlamath conducted our 3rd month of Anna Dasoha this year. This month, we all celebrated Shivaratri as well. Wishing you all a happy and auspicious Shivaratri. This month, both families prepared and packed 56 lunches. On behalf of VSNA Northern California chapter we congratulate these two families for participating in this month's Anna Dasoha.

Sharnarthigalu from Aarna Burji,

VSNA NCAL 2021 Youth Committee

Report from participating VSNA NCAL Youths

I really enjoyed volunteering to package food today afternoon. I had a lot of fun throughout the whole process. The people who we gave the bags to were really nice. I feel proud of myself that I am helping the homeless. I hope they like the food. I would not mind doing this again.

- Aman Bilodi

It was a great experience to pack and make food for these people. Making the food was really fun. The people there were really nice and helped us unload. Overall it was great.

- Darshan Kudlamath Da

You can sign-up for VSNA NCAL Anna Dasoha Program by clicking here:

<https://forms.gle/P5grzvH6EMckWARv7>



