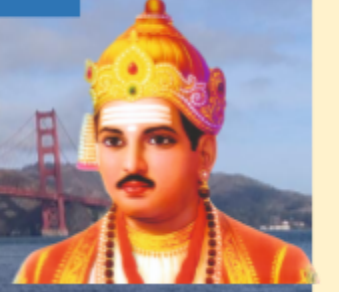




Veerashaiva Samaja of North America

Northern California Chapter



ತನು ತನ್ನದಾದಡೆ, ದಾಸೋಹಕ್ಕೆ ಕೊರತೆಯಿಲ್ಲ,
ದಾಸೋಹ ಸಂಪೂರ್ಣ, ದಾಸೋಹವೇ ಮುಕ್ತಿ.
ಮನ ತನ್ನದಾದಡೆ, ಜ್ಞಾನಕ್ಕೆ ಕೊರತೆಯಿಲ್ಲ
ಜ್ಞಾನ ಸಂಪೂರ್ಣ, ಆ ಜ್ಞಾನವೇ ಮುಕ್ತಿ.
ಧನ ತನ್ನದಾದಡೆ, ಭಕ್ತಿಗೆ ಕೊರತೆಯಿಲ್ಲ.
ಭಕ್ತಿ ಸಂಪೂರ್ಣ, ಭಕ್ತಿಯಲ್ಲಿ ಮುಕ್ತಿ.
ತನುಮನಧನವೊಂದಾಗಿ ತನ್ನದಾದಡೆ
ಗುರುಲಿಂಗಜಂಗಮವೊಂದೆಯಾಗಿ ತಾನಿಪ್ಪನು
ಬೇರೆ ಮುಕ್ತಿ ಎಂತಪ್ಪುದಯ್ಯಾ?
ಉರಿಲಿಂಗಪೆದ್ದಿಪ್ಪಿಯ ವಿಶ್ವೇಶ್ವರ.

Shararu VSNA NCAL Family members,

Anna Dasoha (Dasoha- the distribution of wellness to society) is a VSNA NCAL 2021 Youth Committee initiated monthly meal delivery service to the unhoused. It has been successful for the past 4 months and this month's (May) anna dasoha was conducted by Renu Hiremani & family, and Sujata Nyamgoudar & family. Together they prepared, packed and distributed lunches for 35 people. On behalf of VSNA Northern California chapter we congratulate these families for participating in this month's anna dasoha.

Sharnarthigalu from Aarna Burji,

VSNA NCAL 2021 Youth Committee

Report from participating VSNA NCAL Youths

Hello everyone,

It was a great pleasure to be able to participate in this volunteer project, especially during this pandemic. It brought our family together to contribute time and an act of giving unconditionally to people in need. Firstly, we got together and planned and prepped what food items would be healthy and satisfying, and freshly cooked from scratch. We also wished to provide freshly cooked hot meals. This event gave us an opportunity to role model to our children the selfless act of giving. Research shows that volunteer work and shramdaan is the best way to increase Oxytocin and feel happiness, and during this project our family united to feel it all. We are blessed and confident we can do this in the coming years to make a difference in the community we live in. Thank VSNA team members for guiding us and leading us to make this happen.

With Gratitude,

-Renuka Hiremani

Hi everyone,

Due to the pandemic many people are struggling with basic needs, especially those without homes. Thank you, VSNA for giving this volunteering opportunity in this situation so homeless people can have wholesome meals on weekends. Hopefully more VSNA volunteers can join and help give more meals in the future.

-Nyamgoudar Family

You can sign-up for VSNA NCAL Anna Dasoha Program by clicking here:

<https://tinyurl.com/vsnanc-dasoha>







